

## Saturday July 13, 2024 1:00 PM AZ/PDT by ZOOM

## Dr. Katherine R. O'Connell

## **Your Dreams are Your Best Medicine**

I have a body of research and experience I have named the Healing Dream Series that offers a different way of working with dreams, Saturn Cycles and Planetary Magic to help process individual and collective grief and contact the soul's purpose. This work is partially inspired by Carl Jung who referred to the dream series primarily in unpublished work. This year is the Saturn Return for my research on Saturn and the life cycle and dreams.

This talk is illustrated with examples from Astrological Charts following the first, second and the period between the second and third Saturn Return and how these cycles relate to dreams. I believe that Saturn is the gateway to working on individual and collective trauma, grief and the renewal of the creative process following conscious work with Saturn.

**BIO:** "I have a background as an Astrologer (60 years) a Clinical Psychologist, and an Interfaith Minister. As a Psychologist I have authored two books on recovery and the healing process, taught internationally at Graduate Schools and Medical Schools both Allopathic and Chinese and served as a health care policy consultant to a U.S. President. As an Interfaith Minister I have trained Interfaith Clergy, traveled and led rituals and reconciliation gatherings on three continents.

Astrology is my greatest joy since it entered my life at thirteen. I carry many lineages as a Psychologist and an Astrologer, a divinatory gift since childhood, a way of bringing magic and hope plus a gift for teaching and storytelling that is nourishing to humans, plants and animals. As an Astrologer I have an intuitive and eclectic approach utilizing both ancient and modern techniques. I am a member of OPA, ISAR and NCGR.

I believe that dreams, hope and joy are connected and a synergistic experience of these can be shared online or in person." <a href="mailto:drkatherine2@gmail.com">drkatherine2@gmail.com</a> or www.drkatherine.net

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gaelchilson@gmail.com will send you the link to the Zoom.

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